

# Brent Cartwright's 2025 Challenge!

**RUN. CYCYLE. SWIM. LIFT.**

Run 1200 miles around Europe

Cycle Across America

Swim the length of the Thames

Deadlift 285,000kg



Scan to  
follow the  
challenge!



Wigan & Leigh Hospice

**SCAN THE QR CODE OR VISIT  
TINYURL.COM/BRENT2025**